

# CLEANING AND DECORATING

## HOW

### do I clean my child's DOC Band®?

- During bath time, remove the band and clean the inside with 70% isopropyl rubbing alcohol only. Other solutions may burn your child's skin. First, scrub the inside of the band with a dry towel to remove oil and sweat. Generously apply the rubbing alcohol to a dry cloth and vigorously scrub inside of the band. Set it upside down to dry while bathing your infant.
- The band may develop an odor, especially during warm weather. Setting the band upside down in the sun will help eliminate the odor.
- Shampoo your child's head daily. When the head and the band are completely dry, reapply the band.



## WHO

can decorate my child's DOC Band®?

### – You!

Many parents choose to decorate it themselves.

### – Local Artist/Vendor

Please make sure everyone involved understands the importance of your child's safety and preserving the integrity of the band.

## WHAT

are some do-it-yourself options?

- Stickers
- Decals
- ModPodge
- Acrylic paint
- Water-based latex paint

## WHEN

is the best time to decorate?

The time "off" during initial skin checks and during the 1 hour break for bathing are the best times to decorate.

**We do not recommend mailing your band to artists/vendors for decoration.**

## WHERE

can I find inspiration?

**Check out our DOC Band Babies® Calendar!**

Copies are available in the clinics or online at:  
[www.cranialtech.com/docbandcalendar](http://www.cranialtech.com/docbandcalendar)



@docband



Join the DOC Band Parent Community!

## WHY

do parents choose to decorate?

Decorating can make the DOC Band journey more fun! Just remember that the primary purpose of the band is to help your child achieve a corrected head shape. If decorating materials or processes compromise the DOC Band's ability to do this, the replacement cost is the parent's responsibility.

## CAUTION

- Only use materials that are labeled "child safe".
- Always keep the inner foam liner and area underneath the strap free from any paint or materials.
- Do not sand the outside of the band as it could reduce holding pressures.
- Be aware that adding attachments (e.g. bows) could become a choking hazard.